



Tiffin-Seneca United Way

5-K and 1-K Run

Sunday, October 3, 2010

HEDGES - BOYER PARK

Registration at the Barn near the Swimming Pool

Proudly sponsored by:

8:45 AM Kids Race (1 k)
Ages(5-9) & (10-13)
Entry Fee: \$10.00 with T-shirt
\$15.00 after 10/1/09

9:00 AM 5-K
Early Bird Registration: \$15.00 with T-shirt
\$20.00 after 10/1/09
Limited # of T-Shirts on Race Day

Make Checks to: Tiffin-Seneca United Way

ENTRY FORM RACE WAIVER (please read carefully): In consideration of the acceptance of this entry, I hereby, for myself, my heirs, executors, administrators and assigns, and anyone entitled to act on my behalf, release and discharge the race organizers, directors, promoters, managers, officials, agents, sponsors, their representatives and successors, employees and volunteers of the 2010 5-K and 1-K Run from any and all claims of injury or liabilities of any kind, illness or damage suffered by me, as a result of my participation in or traveling to or from this event. I know that running or walking a road race is a potentially hazardous activity. I should not enter and run or walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run or walk. I assume all risks associated with running or walking in this event, including, but not limited to, falls, contact with other participants, the effects of weather (including high heat or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. I realize that this is a strenuous event which requires proper physical conditioning. I hereby certify that I am in such physical condition and in good health. I also give my permission for the free use of my name and picture in any written account, broadcast or telecast of this event for any legitimate purpose.

Signature/Guardian _____ Date: _____

First Name: _____	Last Name: _____
Address: _____	
City: _____	State: _____ Zip: _____
Phone (____)____-_____	Sex: M - F (Circle One)
Date of Birth ____/____/____	Event Entered – PLEASE Circle One: 5-K Run or 1-K Run
Age on Day of Race: _____	
Emergency Contact and Phone # : _____	
PAID: TYPE OF PAYMENT: (Circle One) Cash or Check, Make checks payable to: Tiffin Seneca United Way	Shirt Size - Circle One: Adult: S - M - L – XL - XXL Youth: S - M - L

Return with payment to: Tiffin-Seneca United Way, 201 S. Washington St. Tiffin, OH 44883